





*Alumni of School Tested in the Crucible of War to prove their Mettle  
Above and Beyond the Call of Duty*

School No.	Name	Gallantry Award
056	Lt Kanwaljit Singh	Vir Chakra (Posthumously)
207	Capt Jupinder Singh	COAS Commendation
391	Rear Admiral Ajit Tiwari	Mention in Depatches
412	Capt Satish Kumar	Vir Chakra
488	Maj Gurjit Singh	COAS Commendation
596	Maj GS Randhawa	Vishisht Seva Medal
674	Wg Cdr Mohit Kumar	Vayu Sena Medal
689	Wg Cdr Ramesh Rai	Vayu Sena Medal
773	Wg Cdr Amit Aneja	Vayu Sena Medal
1258	Sudhir Kumar	Uttam Jeevan Raksha Padak
1309	Col Ramesh Ghai	Mention in Despatches (in Kargil War)
1455	Maj Ashok Sahrawat	Kirti Chakra (Posthumously)
2268	Maj Vikas Vohra	Vir Chakra (In Kargil War)
	Col Satish K Vashisht	Vir Chakra
3087	Maj Yogesh Gupta	Martyr J&K Operations
4800	Maj Mahavir Singh	Shaurya Chakra

## PERSONAL BIODATA

Affix  
passport  
size  
photograph

Name .....

Class .....

School No. ....

Blood Group .....

House .....

House Address .....

.....

Bank A/c .....

Hobbies .....

Phone No. of Parents .....

Signature of Mother

Signature of Father

An honest man is the noblest work of God

# SAINIK SCHOOL



KAPURTHALA

Principal : Col Prashant Saxena

Vice Principal : Wg Cdr Deepika Rawat

Adm Officer : Maj JBS Beg

Tel. : 01822-230184



# **SAINIK SCHOOL, KAPURTHALA**

## **1 Introduction**

Sainik School, Kapurthala was inaugurated by the then Defence Minister, Sh. VK Krishna Menon on 08 July, 1961. It is a fully residential school for boys, providing Public School Education. It is one of the 31 Sainik Schools started in different states. These schools are run by an autonomous body, known as Sainik Schools Society. The Society has Board of Governors functioning under the Chairmanship of the Defence Minister.

Besides the Board of Governors and the Executive Committee, each school has a Local Board of Administration. The Chief of Staff, Headquarters, 11 Corps is the Chairman of the Local Board of Administration of Sainik School, Kapurthala. The Principal of the School is the Member Secretary.

## **2 Aim**

The scheme of establish Sainik Schools was introduced in 1961 with the primary aim of preparing boys academically, physically and mentally for entry into the National Defence Academy, Khadakwasla.

- (a) To remove regional imbalance in the officer cadre of the Defence Services.
- (b) To develop qualities of body, mind and character which will enable the young boys of today to become good and useful citizens of tomorrow.
- (c) To bring public school education within the reach of the common man.

- (d) To prepare those who could not make it to National Defence Academy, for responsible positions in various other walks of life.

### 3 Location and School Campus

Sainik School, Kapurthala is located in the palace of the erstwhile Maharaja of Kapurthala. This Palace was constructed in 1908 on the pattern of Palace of Versailles built by Louis the XIV of France. The Jagatjit Palace at present houses Sainik School, Kapurthala (total area measuring 1961 kanals and 18 marlas). In addition, the Punjab Govt. has set up a few residential quarters for the administrative staff, academic staff and general employees. The School has three football fields, two hockey fields, six basketball courts, four volleyball courts, swimming pool, gymnasium and a CSD Canteen besides a lot of other facilities.



## **SCHEDULE OF SCHOOL EXAMINATIONS : 2022-23**

### **(TENTATIVE)**

Classes	Pre-Mid Term/ PT-I	Mid Term/ Term-I	Post Mid Term PT-II	Pre Board/ Pre Annual/ PT-III	Annual / Centralised North Zone
VI, VII, VIII	6th June, 2022 (Pre Mid Term)	17th Sept, 2022 (Mid Term)	05th Nov, 2022 (Post-Mid Term)	28th Jan, 2023 (PT-III)	06th March, 2023 (Annual)
IX, XI	6th June, 2022 (PT-I)	17th Sept, 2022 (Term-I)	05th Nov, 2022 (PT-II)	28th Jan, 2023 (Pre Final)	03rd March, 2023 (Centralised North-Zone)
X, XII	6th June, 2022 (PT-I)	17th Sept, 2022 (Term-I)	05th Nov, 2022 (PT-II)	28th Jan, 2023 (Pre Board)	01st March, 2023 (CBSE Board)

**Note :** Schedule of examination is subject to change/updation at any time, during the academic session as per the directions received from CBSE/ Sainik School Society.

# **CADETS' CODE OF CONDUCT**

## **I. General Behaviour**

1. The School expects the cadets to be polite, friendly, and well behaved in and outside the school. They should be respectful to their elders and teachers, honest and truthful at all times.
2. Personal hygiene and cleanliness are essential. Cadets must keep their classrooms and the school clean and tidy.
3. Work is worship. A certain decorum should be maintained in the classroom. Cadets should be attentive and respectful to their teachers and companions.
4. Cadets are to communicate in English at all times in and outside school so as to maintain a suitable level of conversation. Those who are weak in English need to be encouraged.
5. The School does not accept responsibility for any loss of money/books/clothes etc. The students are advised not to bring valuables to the school. Any item lost/found, needs to be deposited in Vice-Principal's Office.
6. No collective petition will be entertained but reasonable and private ones will be sympathetically attended to.
7. The boys should switch off lights in the Houses and class rooms, when not required.
8. Text Books will be strictly followed as per CBSE guidelines.

## **II. Paying Mark of Respect & Greetings**

Student must wish the Service Officers, Members of the Academic, Administrative staff and visitors. They must salute the Service Officers if they are wearing berets/pugrees.

No matter how big or soft or warm your bed is, you still have to get out of it.



### **III. Turnout and Hygiene**

Students must maintain a neat and smart appearance at all times. For this they should ensure that :-

1. They brush their teeth daily and keep the nails clean and trimmed.
2. They take hair cut on due date and time.
3. They take bath regularly and daily.
4. They comb their hair properly.
5. They polish their shoes daily.
6. They dress up for various activities as per orders issued from time to time.

### **IV. Dormitories**

1. Students should not :
  - (a) Borrow or lend articles and money.
  - (b) Keep Valuables and attractive items with them.
  - (c) Rest in the dormitories unless permitted by the School Medical Officer.
  - (d) Keep outdoor sport items in the house.
2. They should mark their garments and stitch buttons etc. on Sundays/holidays.
3. Students should remember to :
  - (a) Visit the toilet before retiring.
  - (b) Make their beds after use.
  - (c) Close taps when not in use.

4. They should carry out the orders and instructions passed by the House Appointments.

### **V. Class Rooms**

1. Students must be punctual for the classes.
2. Perfect silence should be maintained in the class rooms.
3. In absence of the teacher, instructions issued by the class monitor should be obeyed by all the cadets of the class.
4. Students should keep their desks, and class rooms neat and clean.
5. The class room furniture and walls etc. must be saved from mutilation. Any damage should be brought to the notice of the Class Teacher.
6. Students should keep their books and exercise books properly arranged Any loss of book or damage should be brought to the notice of the Class Teacher.
7. Students should enter and leave their class rooms in single formation and in an orderly manner.
8. They should spruce up their class rooms before leaving them at ceases work.

### **General Behaviour**

9. Text Books will be strictly followed as per CBSE guidelines as published by NCERT/CBSE.

No help books or guides are recommended or advised.

10. Cadets are strictly forbidden from leaving the school premises without permission.
11. Do not move in the corridor or outside class rooms during school hours  
Always be punctual and properly dressed.



## VI. Dining Hall

1. Students are to march Housewives to the Dining Hall for all meals.
2. Students are to sit in Dining Hall as per given Seating Plan.
3. They should enter the Dining Hall in a single line when ordered.
4. Discipline should be maintained in the Dining Hall and conversation should be in a subdued voice.

### Don'ts

5. Do not drag the chairs.
6. Do not rest your elbows on the table.
7. Do not heap up your plates with food stuff.
8. While eating do not keep your mouth open.
9. Do not produce any noise with cutlery.
10. Do not leave your seat when the meals are in progress.
11. In case your neighbour's seat is vacant (but the table is laid) do not eat from his plate.
12. Do not get up for a second helping, instead ask your neighbour to pass the dish over to you.
13. Do not enter into a dialogue with the bearer or any member of the mess staff.
14. In case of any complaint towards meals, you are to make an entry in the suggestion register.
15. Do not start blowing your nose and cleaning your throat while seated at the dining table.
16. While talking to your neighbours, do not hold the cutlery up in the air.
17. While handing over the cutlery to anyone, please see that the sharp edge is towards you.

## स्कूल गीत

जीवन है पाया जिस लिए,  
हम करके वो दिखलायेंगे,  
कठिनाइयों पर जूझ के  
भारत के गुण हम गायेंगे।  
प्रेमी ही क्या वो देश के  
जो त्याग कर पाये नहीं,  
इन्सान क्या जो मौत से  
डर लक्ष्य तक जाये नहीं  
खेलेंगे होली आग से  
तूफान बन हम छायेंगे,  
जीयेंगे माँ तेरे लिए  
तेरे लिए मिट जायेंगे  
जीवन है पाया जिस लिए  
हम करके वो दिखलायेंगे॥

## प्रार्थना

वह शक्ति हमें दो दयानिधे, कर्त्तव्य मार्ग पर डट जावें।  
पर सेवा, पर उपकार में हम, निज जीवन सफल बना जावें।  
हम दीन-दुखी, निबलों-विकलों के सेवक बन संताप हरे।  
जो है अटके धूलें-भटकें उनको तारें खुद तर जावें।  
छल-दंभ द्वेष पाखंड-झूठ, अन्याय से निशि दिन दूर रहें।  
जीवन हो शुद्ध-सरल अपना, शुचि प्रेम सुधारस बरसावें।  
निज आन-मान मर्यादा का प्रभु ध्यान रहे, अभिमान रहे।  
जिस देश जाति में जन्म लिया, बलिदान उसी पर हो जावें।  
वह शक्ति हमें दो दयानिधे, कर्त्तव्य मार्ग पर डट जावें।  
पर सेवा, पर उपकार में हम, निज जीवन सफल बना जावें।



## प्रतिज्ञा

भारत हमारा देश है। हम सब भारतवासी भाई-बहन हैं। हमें अपना देश प्राणों से भी प्यारा है। इसकी समृद्धि और विविध संस्कृति पर हमें गर्व है। हम उसके सुयोग्य अधिकारी बनने का प्रयत्न सदा करते रहेंगे। हम अपने माता-पिता, शिक्षकों और गुरुजनों का सदा आदर करेंगे और सबके साथ शिष्टता का व्यवहार करेंगे। हम अपने देश और देशवासियों के प्रति वफ़ादार रहने की प्रतिज्ञा करते हैं। उनके कल्याण और समृद्धि में ही हमारा सुख निहित है।

॥ जय हिन्द॥

## PRAYER

O Lord, each morning when we come to school  
Bless us with a successful day  
Bless our teachers one and all  
And all our friends both big and small,  
Bless our parents whose love we share  
And keep them always in your care,  
We thank thee, dearest Lord  
For this new morning with its light  
For rest and shelter of the night  
For health and food, for love and friends,  
Now guide me through another day  
When at school and when at play,  
And keep me safe from all evils.  
May I cherish noble thoughts  
May I do all things I ought  
Enlighten our minds  
Strengthen our memories .....  
And direct our wills to do what is right.  
O God, grant us courage to seek truth  
And make us truly wise, by leading us  
From darkness to light.  
May all in the his world be happy,  
May they be healthy  
May they be comfortable  
And never miserable!

## PLEDGE

India is my country,  
all Indians are my brothers and sisters.

I love my country  
and I am proud of its rich and varied  
heritage and

I shall always strive to be  
worthy of it.

I shall respect my parents, teachers  
and all elders and treat everyone with  
courtesy.

To my country and my people  
I pledge my devotion.

In their well being and prosperity  
alone lies my happiness.

Jai Hind



## NCC SONG

Ham Sab Bharatiya Hain, Ham Sab Bharatiyan Hain.

Apni Manzil Ek Hai, Ha, Ha, Ha, Ek, Hai, Ho, Ho,

Ho, Ek, Hai

Ham Sab Bharatiya Hain

Kashmir Ki Dharti Rani Hai,

Sartaj Himalaya Hai

Sadiyon Se Hamne Isko Apne Khoon se Pala Hai

Desh ki Raksha Ki Khatir Hum Shamshir Utha Lenge,

Bikhre-Bikhre Tarey Hain Hum Lakin Jhilmil Ek Hai

Ha, Ha, Ha, Ek Hain

Ham Sab Bharatiya Hain

Mandir Gurdware Bhi Yahan

Aur Masjid Bhi hai Yahan

Girja Ka Hai Ghadiyal Kahin

Mullah Ki Kahin Hai Azaan

Ek Hi Apna Ram Hai, Ek Hi Allah Taala Hai,

Ek Hi Allah Taala Hai, Rang Birange Deepak Hain Ham,

Lekin Jagmag Ek Hai Ha, Ha, Ha, Ek Hai, Ho, Ho,

Ho, Ek Hai

Ham Sab Bharatiya Hain, Ham Sab Bharatiya Hain

## **NDA CODE**

I believe that a cadet must be Truthful, Trustworthy, Honest and Forthright in all circumstances. I will not lie, cheat or steal nor will I mislead or deceive anyone. I undertake to live up this code faithfully and to encourage my comrades continuously to do so.

## **CADETS' COMMANDMENTS**

- 1) Be loyal to the school and the country.
- 2) Be physically fit, mentally alert and morally upright.
- 3) Be disciplined and obedient.
- 4) Be brave, enthusiastic and cheerful in all eventualities.
- 5) Be dutiful, studious and willing to serve the school and the country in future.
- 6) Choose the harder right instead of easier wrong.
- 7) Be pure in thought and deed, courteous and polite in conduct with the subordinates and weak.
- 8) Do not lie, cheat, steal or abet the same.
- 9) Feel pride in being a cadet of this school and avail opportunities offered by the school.
- 10) Your honour is supreme and place service before self.



## LIST OF SAINIK SCHOOLS

S.No.	Sainik School	State	Abbr	Date of Est.
1.	Satara	Maharashtra	SSS	23-06-61
2.	Kapurthala	Punjab	SSKP	08-07-61
3.	Balachadi	Gujarat	SSBC	08-07-61
4.	Kunjpora	Haryana	SSK	24-07-61
5.	Chittorgarh	Rajasthan	SSC	07-08-61
6.	Korukonda	A.P.	SSKK	18-01-62
7.	Kazhakootam	Kerala	SSKT	26-01-62
8.	Purulia	W.B.	SSP	29-01-62
9.	Bhubaneswar	Odisha	SSB	01-02-62
10.	Amravathinagar	Tamil Nadu	SSA	16-07-62
11.	Rewa	M.P.	SSR	20-07-62
12.	Tilaiya	Jharkhand	SST	16-09-63
13.	Bijapur	Karnataka	SSBP	16-09-63
14.	Goalpara	Assam	SSG	12-11-64
15.	Ghorakhal	Uttarakhand	SSGK	21-03-66
16.	Nagrota	J&K	SSN	22-08-70
17.	Imphal	Manipur	SSI	07-10-71
18.	Sujanpur Tira	H.P.	SSST	02-07-78
19.	Gopalganj	Bihar	SSGG	12-10-03
20.	Nalanda	Bihar	SSNL	12-10-03
21.	Punglwa	Nagaland	SSPN	01-04-07
22.	Kodagu	Karnataka	SSKG	18-10-07
23.	Ambikapur	Chattisgarh	SSAP	01-09-08
24.	Rewari	Haryana	SSRW	01-05-09
25.	Kalikiri	A.P.	SSKL	20-08-14
26.	Chhing Chhip	Mizoram	SSCC	21-04-17
27.	Jhunjhunu	Rajasthan	SSJ	28-04-18
28.	East Siang	Arunachal Pradesh	-	2018
29.	Chandrapur	Maharashtra	-	2019
30.	Mainpuri	U.P.	-	2019
31.	Jhansi	U.P.	-	2019
32.	Sambalpur	Odisha	-	2020
33.	Amethi	UP	-	2020

## LIST OF PHONE NUMBERS-ACADEMIC STAFF

SNo.	Postn	Name	Mobile No.
1	Acad	Mr Harpreet Singh Ishar	9463008841
2	Acad	Mr Manohar Lal Chandel	9815574379
3	Acad	Mr Arvind Kumar Srivastav	9417877244
4	Acad	Mr Yadwinder Singh	9417348061
5	Acad	Mr Divyendu Misra	7696291718
6	Acad	Mr Raj Kumar	9478927492
7	Acad	Mr Kumar Gaurav Gupta	9419204248
8	Acad	Mr Kuldeep Kumar	9463268543
9	Acad	Mr Ranvir Singh Rana	9501706556
10	Acad	Mrs Narinder Kaur	9463356140
11	Acad	Mr Shiv Kumar	9872654111
12	Acad	Mrs Satinderjit Kaur	9463762786
13	Acad	Mr HP Shukla	9915292644
14	Acad	Mr GC Jena	9417114506
15	Acad	Mr Malkinder Singh Bajwa	9463484041
16	Acad	Mrs Harjinder Kaur Bajwa	7589218101
17	Acad	Mr JKP Singh	9463572802
18	Acad	Mr Mriginder Singh	8872900664
19	Acad	Mr Kamaljit Singh	8146264100
20	Acad	Mr AP Pandey	9530935359
21	Acad	Mr Munish Sharma	8968353506
22	Acad	Mr Rajpal Singh	8968522632
23	Acad	Mr Nelson Dass	9530665753
24	Acad	Mr Istinderjit Singh	9872631672
25	Acad	Mr Rajneesh Kumar Chauhan	7589056825
26	Acad	Mr Daljit Singh	6239715765
27	Acad	Mr Sukanta Debnath	8906912745
28	Acad	Mr Rajeev Bhardwaj	9459070753
29	Acad	Mr Satish Kumar	8847341263

I won't quarrel with my bread and butter.



## **LIST OF PHONE NUMBERS-ADM STAFF**

<b>SNo.</b>	<b>Name</b>	<b>Mobile No.</b>
1	Mr Gurdeep Singh Arora	9530643712
2	Mr Vasanda Kumar S	9417877364
3	Mr Raj Kumar	7888644190
4	Mr Bishan Dass	8813958101
5	Mrs Bhadra Kumari	9417711355
6	Mr Devender Singh	9463762868
7	Mr Jagdish Chand	9814324618
8	Mr Pardeep Kumar	9814439348
9	Mr Ajay Kumar Sharma	9417142535
10	Mr Sunny Kumar	7888749307
11	Mr Anil Kumar	7696205956
12	Mr Kushal Singh	9463738476
13	Mr Ravinder Singh	9876113646
14	Mrs Bharti Devi	8368528110
15	Mr Dev Kumar	9815650277
16	Mr Puran Singh	7888357307
17	Mr Daljit Singh	8887989051

## **NCC & PI Staff**

<b>SNo.</b>	<b>Name</b>	<b>Mobile No.</b>
1	Parkash Chand	9872979675
2	Sub Sanjay Kumar	7018339476
3	Hav Sanjay Kumar	6005169625
4	Hav Dharminder Singh	8318933682
5	Hav Arvind Singh Rawat	7302189650
6	Hav Manju Sharma	6005299030

## DAILY ROUTINE SUMMER/WINTER

S.No.	Activity	Summer	Winter
1.	Reveille	0500 h	0530 h
2.	Cadets leave Houses for PT	0540 h	0610 h
3.	Cadets fall in and Report	0550 h	0620 h
4.	P.T.	0600h-0640h	0630h-0710h
5.	NCC Parade	0625h-0710h	0645h-0725h
6.	Bath and Change, Setting of Dorms	0640h-0735h	0710h-0755h
7.	Inspection-Cadets Dress	0735h	0755h
8.	Breakfast	0740h-0800h	0800h-0820h
9.	Central/House Assembly on all days	0815h-0835h	0835h-0855h
10.	1st Period	0840h-0920h	0900h-0940h
11.	2nd Period	0920h-1000h	0940h-1020h
12.	3rd Period	1000h-1040h	1020h-1100h
13.	4th Period	1040h-1120h	1100h-1140h
14.	Tea Break	1120h-1140h	1140h-1200h
15.	5th Period	1140h-1220h	1200h-1240h
16.	6th Period	1220h-1300h	1240h-1320h
17.	7th Period	1300h-1340h	1320h-1400h
18.	Lunch	1350h-1420h	1410h-1440h
19.	Quiet Hour/Rest/Library	1420h-1550h	1440h-1550h
20.	Games/Hobbies Fall in and Dispersal	1550h-1600h	1550h-1600h
21.	Games / Out Pass	1600h-1700h	1600h-1700h
22.	Refreshment, Bath & Change	1700h-1750h	1700h-1750h
23.	Prep Fall in and Dispersal	1750h-1800h	1750h-1800h
24.	Supervised Prep	1800h-1950h	1800h-1950h
25.	Dinner	2000h-2030h	2000h-2030h
26.	TV News	2030h-2055h	2030h-2055h
27.	Self Study (House Prep Room)	2100h-2200h	2100h-2200h
28.	Dorm Lights Off	2230h	2230h
29.	Lights Off	2300h	2300h

It is easy to flatter, it is harder to praise.



## LIST OF CLASS TEACHER (2022-23)

S.No.	Class	Class Teacher
1.	XII A	RK
2.	B	DM
3.	XI A	AK Sr
4.	B	YS
5.	X A	HPS
6.	B	NK
7.	C	KJS
8.	IX A	SK
9.	B	MNS
10.	C	MGS
11.	VIII A	SD
12.	B	JKP
13.	C	DS
14.	VII A	RB
15.	B	RKC
16.	—	—
17.	VI A	ND
18.	B	SJK
19.	—	—

Self-praise is no recommendation.

## ROUTINE-SUNDAY/HOLIDAYS

1.	Reveille	0630h	Summer
		0630h	Winter
2.	Breakfast	0900-0920h	Summer
		0900-0920h	Winter
3.	Washing Make & Mend	0930-1100h	Summer
		0930-1100h	Winter
4.	Prep	1115-1315h	Summer
		1115-1315h	Winter
5.	Roll Call & Lunch	1330-1400h	Summer
		1330-1400h	Winter
6.	Quiet Hour	1400-1545h	Summer
		1400-1545h	Winter
7.	Film/TV	1600-1900h	Summer
		1600-1900h	Winter
8.	Roll Call & Dinner	1930-1955h	Summer
		1930-1955h	Winter
9.	TV News	2000-2030h	Summer
		2000-2030h	Winter
10.	Self-study (House Prep Rooms)	2045-2200h	Summer
		2045-2200h	Winter
11.	Dorm Lights Off	2230h	

**LIST OF CLOTHING ITEMS REQUIRED  
TO BE BROUGHT BY THE CADETS IN  
NEW SESSION 2022-23**

S.No.	Name of Item	Qty.
1.	Bed Sheet White	03 Nos.
2.	Trouser Black	02 Nos.
3.	Trouser Dark Grey	02 Nos.
4.	Shirts Full Sleeves Sky Blue	03 Nos.
5.	Shirts Half Sleeves Sky Blue	03 Nos.
6.	Shoes Black Oxford Pattern	01 Pair
7.	Sports Shoes White	01 Pair
8.	Socks Black (Mid Calf length, without any logo)	06 Pairs
9.	Socks White (Mid Calf length, without any logo)	06 Pairs
10.	Handkerchief	06 Nos.
11.	Undergarments	06 Nos.
12.	Undergarments	06 Nos.
13.	Toilet Items Including a bucket & a mug	As per requirement
14.	Pillow Cover White	02 Nos.
15.	Towel	01 Pair
16.	Bathroom Slippers	01 Pair
17.	Shorts Terricot/Track Pants Blue	02 Nos.
18.	Night Suit Blue/White	02 Nos.
19.	Mattress	As per requirement
20.	Permanent Marker	01 No.
21.	Alarm Clock	01 No.
22.	Lab Coat (Class XI & XII)	01 No.
23.	Hair Clips & Hair Band (Black Color)	As per requirement

- Note :-
- Any item found deficient with the cadets will be procured by the school and the money for the same will be deducted from their personal account.
  - The cadets should not wear ankle socks.



## **LIST OF CLOSED HOLIDAYS - 2022**

<b>S.No.</b>	<b>Holiday on account of</b>	<b>Date</b>	<b>Day of Week</b>
1.	Republic Day	26 Jan	Wednesday
2.	Maha Shivratri	01 Mar	Tuesday
3.	Holi	18 Mar	Friday
4.	Good Friday	15 Apr	Friday
5.	Id-ul-Fitr	03 May	Tuesday
6.	Buddha Purnima	16 May	Monday
7.	Id-ul-Zuha (Bakrid)	10 Jul	Sunday
8.	Muharram	09 Aug	Tuesday
9.	Raksha Bandhan	11 Aug	Thursday
10.	Independence Day	15 Aug	Monday
11.	Janmashtami	19 Aug	Friday
12.	Mahatma Gandhi's Birthday	02 Oct	Sunday
13.	Dussehra	05 Oct	Wednesday
14.	Milad-un-Nabi	09 Oct	Sunday
15.	Diwali (Deepavali)	24 Oct	Monday
16.	Guru Nanak's Birthday	08 Nov	Tuesday
17.	Christmas Day	25 Dec	Sunday

## **INCHARGES OF VARIOUS CO-CURRICULAR ACTIVITIES : 2022-23**

### **1. SPORTS ACTIVITIES**

a) Athletics	Mr. M S Bajwa I/C, Mr. Munish Sharma
b) Football	Mr. R S Rana (I/C), Mr. Dev kumar
c) Basketball	Mr. Devender Singh (I/C)
d) Hockey	Mr. M S Bajwa (I/C), Daljit Singh
e) Volleyball	Mr. Divyendu Misra (I/C), Mr. JKP Singh
f) Swimming	Mr. Raj Kumar (I/C), Mr. AP Pandey
g) Boxing	Mr. Kamaljit Singh (I/C), Mr. Rajpal Singh
h) Cross Country	Mr. Shiv Kumar (I/C), Mr. H P Shukla
i) Obstacle	Mr. Kuldeep Kumar (I/C) , Mr. G C Jena
j) Badminton	Mr AK Srivastava (I/C), Mr Rajnesh Kumar
k) Announcers	Mrs. H K Bajwa (I/C), Mr. Mriginder Singh

### **2. HOBBY CLUBS**

a) Drawing & Painting	Mr. G C Jena (I/C), Mr. Kuldeep Kumar
b) Informatics Club	Mr. AK Srivastav (I/C), Mr. Rajneesh Chauhan
c) Dramatics Club	Mrs. Harjinder Kaur Bajwa (I/C), Mr. Munish Sharma
d) Photography Club	Mr. Rajpal Singh (I/C)
e) Literary & Public speaking club	English – Mrs. Narinder Kaur (I/C), Mr. Mriginder Singh Hindi – Mr. H P Shukla, Mr. JKP Singh, Mr. Rajeev Bhardwaj, Punjabi – Mr. Daljit Singh
f) Yoga Club	Mr. H P Shukla (I/C), Mr. AP Pandey
g) Lawn Tennis Club	Mr. Shiv Kumar (I/C), Mr. M S Bajwa
h) Squash Club	Mr. M L Chandel (I/C), Mr. Kumar Gaurav Gupta

- |                       |                                                   |
|-----------------------|---------------------------------------------------|
| i) Music & Dance Club | Mr. Daljit Singh (I/C)                            |
| j) Young Newton Club  | Mr. Yadwinder Singh (I/C), Mr. Istinderjeet Singh |
| k) Band               | Mr. R S Rana (I/C), Band Master                   |
| l) Alchemist          | Mr. Raj Kumar (I/C), Mrs. Satinderjit Kaur        |
| m) Quizzing           | Mr. Kamaljit Singh (I/C), NGT                     |
| n) Eco & Gardening    | Mr. Divyendu Misra (I/C), Mr. Sukanta Debnath     |
| o) Book Reading       | Mr. Nelson Dass (I/C)                             |

### 3. ACADEMIC DUTIES

- |                                                    |                                             |
|----------------------------------------------------|---------------------------------------------|
| a) Examination Cell                                | Mr. AK Srivastav (I/C)                      |
|                                                    | Mr. Shiv Kumar                              |
|                                                    | Mr. Rajneesh Chauhan                        |
|                                                    | Mr. Istinderjeet Singh, Mr. Sukanta Debnath |
| b) Updating of Result in website & Website Content | Mr. AK Srivastav (I/C)                      |
|                                                    | Mr. Rajneesh Chauhan                        |
| c) NDA Cell                                        | Mr. Yadwinder Singh (I/C)                   |
| i) Maths                                           | Mr. Kumar Gaurav                            |
|                                                    | Mr. Kuldeep Kumar                           |
| ii) English                                        | Mr. Mriginder Singh                         |
|                                                    | Mrs. Narinder Kaur                          |
| iii) Physics                                       | Dr. H S Ishar                               |
|                                                    | Mr. Yadwinder Singh                         |
| iv) Chemistry                                      | Mr. M L Chandel                             |
|                                                    | Mr. Raj Kumar                               |



v) Biology	Mr. Divyendu Mishra
vi) SSc.	Mr. Kamaljit Singh
	Mr. AP Pandey
d) CBSE Practicals	Mr. M L Chandel (I/C), Mr. Divyendu Mishra
Time-Table	Mr. Kuldeep Kumar (I/C)
	Mr. Kumar Gaurav
	Mr. Istinderjeet Singh
Class Adjustment	Mr. Shiv Kumar
	Mr. Istinderjeet Singh
Photography (All Events)	Mr. Rajpal Singh
Recorder (All Events)	Mrs. Satinderjit Kaur
AV Room	Mr. Rajneesh Chauhan
Seating Plan & Arrangement	Mr. AP Pandey (I/C), Quarter Master
School Auditorium	Mr. H P Shukla (I/C), JKP Singh
Debate & Declamation	English - Mr. Munish Sharma
	Hindi - Mr. HP Shukla, Mr. Rajeev Bhardwaj
Essay Writing Competition	English : Mr. Mriginder Singh
	Hindi : Mr. JKP Singh, Mr. Rajeev Bhardwaj
Art Competition	Mr. G C Jena (I/C)

#### 4. Event Organising Committee (Annual Day/North Zone/Old Boys)

- |                                  |                                       |
|----------------------------------|---------------------------------------|
| a) Co-ordinator                  | Dr. Harpreet Singh Ishar              |
| b) I/C Cultural Program          | Mr. M L Chandel                       |
| c) English Play                  | Mrs. Harjinder Kaur Bajwa             |
| d) Punjabi Play                  | Mrs. Narinder Kaur                    |
| e) Shabad                        | Mr. Daljit Singh, Mr. Mriginder Singh |
| f) Hindi Group Song              | Mr. JKP Singh, Mr. Rajeev Bhardwaj    |
| g) Bhangra                       | Mr. Daljit Singh, Mr. Kamaljit Singh  |
| h) Music & Recording             | Mr. Mriginder Singh                   |
| i) Light & Sound                 | Mr. R S Rana                          |
| j) Announcers                    | Mrs. H K Bajwa, Mr. Mriginder Singh   |
| k) Rangoli                       | Mrs. Bhadra Kumari, Mr G C Jena       |
| l) Stage Decoration              | Mr. G C Jena, Mrs. Bhadra Kumari      |
| m) Annual Report                 | Mr. Munish Sharma                     |
| n) Preparation of Draft Speeches | Mr. Mriginder Singh                   |

#### 5. ASSEMBLY ORGANISATION

Dr. Harpreet Singh Ishar assisted by House Masters

#### 6. SCHOOL MAGAZINE

Mr. Munish Sharma (I/C)

Mrs. Narinder Kaur

Mr. JKP Singh

Mr. Daljit Singh

A rolling stone gathers no moss.



## 7. EXHIBITION COMMITTEE

- |                     |                     |
|---------------------|---------------------|
| a) Co-ordinator     | Mr. AK Srivastav    |
| b) Physics          | Mr. Yadwinder Singh |
| c) Chemistry        | Mr. Raj Kumar       |
| d) Biology          | Mr. Divyendu Mishra |
| e) Art              | Mr. G C Jena        |
| f) Computer Science | Mr. AK Srivastav    |

## 8. QUIZ

- |                   |                                                |
|-------------------|------------------------------------------------|
| a) Seniors        | Mr. Kamjit Singh (I/C), Mr. AP Pandey          |
| Technical Support | Mr. AK Srivastava, QM – Mr. Mriginder Singh    |
| b) Juniors        | Mr. Satinderjit Kaur (I/C), Mr. Rajpal Singh   |
| Technical Support | Mr. Rajneesh Chauhan, QM – Mr. Mriginder Singh |
| c) Maths          | Mr. Kuldeep Kumar (I/C), Mr. Shiv Kumar        |
| Technical Support | Mr. Rajneesh Chauhan, QM – Mr. Kuldeep Kumar   |

## 9. DISCIPLINARY COMMITTEE

I Qtr (April- June)	II Qtr (July- Sep.)	III Qtr (Oct- Dec)	IV Qtr (Jan- Mar)
<b>Presiding Officer</b> Mr. M L Chandel	<b>Presiding Officer</b> Mr. A K Srivastav	<b>Presiding Officer</b> Mr. Yadwinder Singh	<b>Presiding Officer</b> Mr. Divyendu Mishra
<b>Members</b> Mr. Raj Kumar Mrs. Narinder Kaur & Hostel Supdt. of concerned House	<b>Members</b> Mr. Kuldeep Kumar Mrs. Satinderjit Kaur & Hostel Supdt. of concerned House	<b>Members</b> Mr. R S Rana Mrs. H K Bajwa & Hostel Supdt. of concerned House	<b>Members</b> Mr. Shiv Kumar Mrs. Bhadra Kumari & Hostel Supdt. of concerned House

## 10. OTHER ACTIVITIES

i)	Boys' Stationery	Mr. Kamaljit Singh (I/C), Mr. Sukanta Debnath
ii)	I/C Welfare Committee	Mr. Daljit Singh, Mrs. Satinderjit Kaur, Quarter Master, Mr. Vasanda (OS)
iii)	Festival Celebration	Mr. H P Shukla, Mr. Daljit Singh
iv)	Press & TV Coverage	Mr. JKP Singh
v)	Mess Committee	Mrs. Bhadra Kumari, Mr. Devender Singh
vi)	Prizes, Mementoes & Certificates	Mr. Shiv Kumar (I/C), Mrs. Satinderjit Kaur
vii)	Old Boys Association	Mr. M S Bajwa, Mr. Munish Sharma
viii)	M/C Dinner Nights	Mrs. Narinder Kaur, Mr. Munish Sharma
ix)	Cadets Entertainment Committee	Mr. Nelson Dass (I/C), Mr. Rajeev Bhardwaj
x)	Recording All Meetings	Mr. Munish Sharma, Mr. Mriginder Singh
xi)	I/C Educational Trips	Mr. Raj Kumar (I/C), Mr. Sukanta Debnath
xii)	I/C Staff Room	Mr. A P Pandey
xiii)	I/C School Diary & Daily Events	Dr. Harpreet Singh Ishar
xiv)	Filling of NDA forms	Mr. Mriginder Singh
xv)	Women Cell	Mrs. Narinder Kaur (I/C), Mrs. Satinderjit Kaur, Mrs. Bhadra Kumari
xvi)	I/C Band	Mr. R S Rana
xvii)	I/C language Lab	Mr. Mriginder Singh
xviii)	Poetry Recitation(HH)	Mrs. Narinder Kaur (I/C), Mr. H P Shukla, Mr. Daljit Singh
xix)	Extempore Speeches	Mr. Munish Sharma
xx)	NCC Activities	Mr. R S Rana (I/C), Mr. H P Shukla
xxi)	NTSE & Science Olympiad	Mr. Shiv Kumar (I/C), Mr. Nelson Dass
xxii)	Ek Bharat Shreshta Bharat	Mr. Mriginder Singh (I/C), Mr. Munish Sharma



xxiii)	Weak Cadets & Band Boys Classes	Mrs. Satinderjit Kaur (I/C), Mr. Shiv Kumar
xxiv)	Weekly Test	Mr. Kumar Gaurav (I/C), Mr. Istinderjeet Singh, Mr. Sukanta Debnath
xxv)	I/C Physics Lab	Mr. Yadwinder Singh
xxvi)	I/C Chemistry Lab	Mr. M L Chandel
xxvii)	I/C Biology Lab	Mr. Divyendu Mishra
xxviii)	I/C Maths Lab	Mr. Kuldeep Kumar
xxix)	I/C Sr. Computer lab	Mr. AK Srivastava
xxx)	I/C Jr. Computer Lab	Mr. Rajneesh Chauhan
xxxi)	Constitunal Day	Mr. Kamaljit Singh (I/C) Mr. Anand Prakash Pandey
xxxii)	G K Test	Mr. Nelson Dass (I/C), Mr G C Jena
xxxiii)	Sahodhya Events	Mr. M S Bajwa (I/C), Mr. Munish Sharma
xxxiv)	News Board	Mr. Nelson Dass (I/C)
xxxv)	Diksha Courses	Mrs. H K Bajwa (I/C), Mr. Mriginder Singh
xxxvi)	Motivational Lectures of Serving Officer and Alumni	Mr. M S Bajwa (I/C), Mr. Munish Sharma
xxxvii)	Online Classes	Mr. Mriginder Singh (I/C), Mr. Nelson Dass Mr. Rajneesh Chauhan
xxxviii)	Counselling Cell	Mrs. Narinder Kaur (I/C)
xxxix)	Anti Ragging Cell	Mr. Yadwinder Singh (I/C), Mr. M S Bajwa Mrs. Bhadra Kumari
xl)	POCSO Committee	Mrs. Narinder Kaur (I/C), Mr. Satinderjit Kaur, Mr. Kamaljit Singh, Mrs. Bhadra Kumari
xli)	Fit India Movement	Mr. Mriginder Singh
xl ii)	Bharat ka Amrit Mohatsav	Mr. Kamaljit Singh, Mr. AP Pandey

## SCHOOL CALENDAR 2022-23

Date	Day	Month	Activity
4	Mon	Apr'22	Arrival of cadets of classess VII & VIII and Orentation Session - Parents (VII & VIII)
15	Fri	Apr'22	Holiday (Good Friday)
16	Sat	Apr'22	Arrival of cadets of classes IX, X and XII
18	Mon	Apr'22	Principal's Address to Cadets
19	Tue	Apr'22	Counselling session -XII
20	Wed	Apr'22	Distribution of cadets to Hobby Clubs
22	Fri	Apr'22	SSB Orientation Session - XII (VPPL)
23	Sat	Apr'22	Educational Trip to Jung-e-Azadi (X)
26	Tue	Apr'22	X & XII CBSE Exam Starts (2021-22)
27	Wed	Apr'22	Hobby Clubs
28	Thu	Apr'22	Selection Procedure of Sch/ House Appointments Starts
30	Sat	Apr'22	Educational Trip to Jung-e-Azadi (IX)
3	Tue	May'22	Holiday (Eid al - Fitr)
4	Wed	May'22	Hobby Clubs
6	Fri	May'22	IH Hindi Declamation( Jrs)
7	Sat	May'22	Educational Trip to Science City (VII)

<b>Date</b>	<b>Day</b>	<b>Month</b>	<b>Activity</b>
8	Sun	May'22	PTA Meet ( Parent Rep's Election)
11	Wed	May'22	Hobby Clubs
12	Thu	May'22	IH English Declamation (Jrs)
14	Sat	May'22	Educational Trip to Science City (VIII)
16	Mon	May'22	Holiday ( Buddha Purnima)
17	Tue	May'22	Counselling Sesssion (X,XI)
18	Wed	May'22	Hobby Clubs
21	Sat	May'22	Investiture Ceremony
23	Mon	May'22	IH Football Competition Starts (Jrs, Srs)
25	Wed	May'22	SSB Orientation Session - XII (PPL/VPPL).
26	Thu	May'22	Mess Committee Meeting
27	Fri	May'22	IH Football Competition Final (Jrs)
28	Sat	May'22	IH Football Competition Final (Srs)
30	Mon	May'22	IH Hockey Competition Starts (Jrs, Srs)
2	Thu	Jun'22	Hindi Essay Writing Competition
3	Fri	Jun'22	IH Hockey Competition Final( Jrs)
4	Sat	Jun'22	IH Hockey Competition Final( Srs)
6	Mon	Jun'22	PT - I Exam Starts



Date	Day	Month	Activity
13	Mon	Jun'22	IH Volleyball Competition Starts ( Jrs, Srs)
17	Fri	Jun'22	IH Volleyball Competition Final ( Jrs)
18	Sat	Jun'22	IH Volleyball Competition Final ( Srs) Cadets can leave for Summer Vacation after Lunch, PTA Meeting
20	Mon	Jun'22	Summer Vacation Starts
25	Mon	Jul'22	Cadets Report Back by 1700 hrs
27	Wed	Jul'22	Hobby Clubs
28	Thu	Jul'22	SSB Orientation Session - XII ( PPL/VPPL)
29	Fri	Jul'22	English Essay Writing Competition
1	Mon	Aug'22	IH Basketball Competition Starts (Jrs, Srs)
5	Fri	Aug'22	IH Basketball Competition Final (Jrs)
6	Sat	Aug'22	IH Basketball Competition Final (Srs)
8	Mon	Aug'22	Independence Day Parade Practice Starts
9	Tue	Aug'22	Holiday (Muharram)
10	Wed	Aug'22	Hobby Clubs
11	Thu	Aug'22	Holiday (Raksha Bandhan)
12	Fri	Aug'22	Mess Committee Meeting

<b>Date</b>	<b>Day</b>	<b>Month</b>	<b>Activity</b>
13	Sat	Aug'22	Educational Trip to Science City (VI)
14	Sun	Aug'22	PTA Meet
15	Mon	Aug'22	Holiday ( Independence Day Celebration)
16	Tue	Aug'22	Badminton Competition Starts (Class 06 and 07)
17	Wed	Aug'22	Hobby Clubs
19	Fri	Aug'22	Holiday (Janamashtami)
20	Sat	Aug'22	Badminton Competition Final (Class VI & VII)
22	Mon	Aug'22	Art Competition
24	Wed	Aug'22	Hobby Clubs
25	Thu	Aug'22	Drill Competition (Srs)
27	Sat	Aug'22	Badminton Competition Final
30	Tue	Aug'22	IH Maths Quiz (Srs)
31	Wed	Aug'22	Hobby Clubs
4	Sun	Sept'22	UPSC NDA Examination
5	Mon	Sept'22	Teachers' Day Celebration
7	Wed	Sept'22	Hobby Clubs
8	Thu	Sept'22	IH Swimming Competition (Boys & Girls)
12	Mon	Sept'22	IH Poetry Competition (HH)

Date	Day	Month	Activity
13	Mon	Jun'22	IH Volleyball Competition Starts (Jrs, Srs)
17	Fri	Jun'22	IH Volleyball Competition Final (Jrs)
18	Sat	Jun'22	IH Volleyball Competition Final (Srs) Cadets can leave for Summer Vacation after Lunch, PTA Meeting
20	Mon	Jun'22	Summer Vacation Starts
25	Mon	Jul'22	Cadets Report Back by 1700 hrs
27	Wed	Jul'22	Hobby Clubs
28	Thu	Jul'22	SSB Orientation Session - XII (PPL/VPPL)
29	Fri	Jul'22	English Essay Writing Competition
1	Mon	Aug'22	IH Basketball Competition Starts (Jrs, Srs)
5	Fri	Aug'22	IH Basketball Competition Final (Jrs)
6	Sat	Aug'22	IH Basketball Competition Final (Srs)
8	Mon	Aug'22	Independence Day Parade Practice Starts
9	Tue	Aug'22	Holiday (Muharram)
10	Wed	Aug'22	Hobby Clubs
11	Thu	Aug'22	Holiday (Raksha Bandhan)
12	Fri	Aug'22	Mess Committee Meeting



<b>Date</b>	<b>Day</b>	<b>Month</b>	<b>Activity</b>
13	Sat	Aug'22	Educational Trip to Science City (VI)
14	Sun	Aug'22	PTA Meet
15	Mon	Aug'22	Holiday ( Independence Day Celebration)
16	Tue	Aug'22	Badminton Competition Starts (Class 06 and 07)
17	Wed	Aug'22	Hobby Clubs
19	Fri	Aug'22	Holiday (Janamashtami)
20	Sat	Aug'22	Badminton Competition Final (Class VI & VII)
22	Mon	Aug'22	Art Competition
24	Wed	Aug'22	Hobby Clubs
25	Thu	Aug'22	Drill Competition (Srs)
27	Sat	Aug'22	Badminton Competition Final
30	Tue	Aug'22	IH Maths Quiz (Srs)
31	Wed	Aug'22	Hobby Clubs
4	Sun	Sept'22	UPSC NDA Examination
5	Mon	Sept'22	Teachers' Day Celebration
7	Wed	Sept'22	Hobby Clubs
8	Thu	Sept'22	IH Swimming Competition (Boys & Girls)
12	Mon	Sept'22	IH Poetry Competition (HH)

Date	Day	Month	Activity
14	Wed	Sept'22	Hindi Diwas Celebration, Hobby Clubs
17	Sat	Sept'22	Term-I / Mid Term Exam Starts
28	Wed	Sept'22	Hobby Clubs
29	Thu	Sept'22	IH Football Competition (HH)
30	Fri	Sept'22	Educational Trip (XI,XII) AFS Adampur (Tentative)
2	Sun	Oct'22	Holiday (Gandhi Jayanti)
5	Wed	Oct'22	Holiday (Dussehra)
7	Fri	Oct'22	Annual Athletic Meet Starts
9	Sun	Oct'22	Annual Athletic Meet Final & PTM
13	Thu	Oct'22	Drill Competition (Jrs)
14	Fri	Oct'22	IH Hockey Competition (HH)
19	Wed	Oct'22	Hobby Clubs
21	Fri	Oct'22	Annual Day
24	Mon	Oct'22	Holiday (Diwali)
26	Wed	Oct'22	Hobby Clubs
28	Fri	Oct'22	Table Tennis/ Chess Competition (Girls)
31	Mon	Oct'22	IH Quiz (Jrs)

<b>Date</b>	<b>Day</b>	<b>Month</b>	<b>Activity</b>
5	Sat	Nov'22	PT-II Exam Starts( VI-X)
8	Tue	Nov'22	Holiday (Gurpurab)
15	Tue	Nov'22	IH Quiz (Srs)
16	Wed	Nov'22	IH Boxing Competition Starts
18	Fri	Nov'22	IH Boxing Competition Final
22	Tue	Nov'22	IH Maths Quiz (Jrs)
24	Thu	Nov'22	Mess Committee Meeting
26	Sat	Nov'22	IH Cross Country (Boys & Girls)
29	Tue	Nov'22	IH Hindi Debate (Srs)
30	Wed	Nov'22	NCC Camp (Jrs, Srs) ( Tentative)
1	Thu	Dec'22	IH Obstacle Competition( Boys & Girls)
5	Mon	Dec'22	IH English Debate
10	Sat	Dec'22	OBA Meet
11	Sun	Dec'22	Cadets leave for Winter Vacation
12	Mon	Dec'22	Winter Vacation Starts
26	Mon	Dec'22	Holiday (Christmas Day)



Date	Day	Month	Activity
16	Mon	Jan'23	Cadets Report Back
18	Wed	Jan'23	NCC -A Certificate Examination (Tentative)
20	Fri	Jan'23	Republic Day Parade Practice Starts
26	Thu	Jan'23	Holiday ( Republic Day Celebration)
28	Sat	Jan'23	Pre Board(X,XII) PT-III( VI- IX, XI)
7	Tue	Feb'23	NCC - B Certificate Examination (Tentative)
8	Wed	Feb'23	CBSE Practicals Start (Tentative)
10	Fri	Feb'23	CBSE Practicals Conclude (Tentative)
12	Sun	Feb'23	Parent Teacher Meet
13	Mon	Feb'23	Group Photographs
25	Sat	Feb'23	Farewell Dinner to Class XII
1	Wed	Mar'23	CBSE Board Examination Starts (X,XII) (Tentative)
3	Fri	Mar'23	Annual Examination IX,XI (Tentative)
6	Mon	Mar'23	Annual/ Term-II Examination (VI-VIII)
30	Thu	Mar'23	Filtration Meeting & Declaration of Result (VI-IX,XI)

## **A WORD TO THE PARENTS**

1. In order to allow the School to keep parents informed about the progress of their wards, parents should inform their latest mobile numbers, mailing address to the school administration during admission. Any change should be immediately brought to the notice of the School.
2. Parents/guardians are permitted to meet their wards on second Sunday of the month only from 0930 hrs to 1300 hrs. Parent's Day will not be observed during Exam days.
3. Parents are requested to watch, their ward's progress in academics (result is updated on the school website) and outdoor activities carefully.
4. Parents must meet the Housemaster, if their ward's progress is not satisfactory/otherwise.
5. Use of mobile phones, electrical appliances and electronic gadgets in the school premises is strictly PROHIBITED. In case a cadet is found in possession of aforesaid items, he will be penalized as per school orders.
6. Parents are requested to have regular correspondence with their ward in order to keep themselves fully apprised of their progress in various fields.
7. Parents have to ensure that their wards meticulously follow the booking out and booking in schedule.
8. Parents are requested to ensure that their wards utilise vacation period for studies & completing the home work.
9. Parents are requested to send their wards back to school after each break or vacation as per scheduled time. If the cadet fail to report on time due to medical reason, a medical certificate from Civil Hospital will be submitted. Else, the cadet will be penalized as per school order.
10. Parents are not to visit classes and dorms.



11. No leave will be sanctioned other than authorised vacation and emergencies.
12. Parents are advised to go through the school website for accessing the updates about the school. (result, activities)
13. Parents must visit the school, whenever the school requires their presence while handling cases of indiscipline.
14. Parents will not give more than Rs 200 as cash to their wards. It is the responsibility of cadet to keep the cash secured. In case of theft the school will not be held responsible.
15. Parents must apprise the school in case their ward is undergoing any course of medicine, or he allergic to any drug. No medicine will be handed over to the cadet by the parents without information of school. In case the school is not informed and cadet resorts to self medication school will not be held accountable.

### **PROMOTION POLICY**

As per CBSE / Sainik Schools Society guidelines

### **LABORATORY AND WORKSHOP RULES**

1. In the laboratory/workshop, follow the instructions given by teachers.
2. Any breakage or loss must be reported immediately.
3. The cadets should come prepared with the theory of experiment, which they have to perform in laboratory or workshop.
4. Students should come to laboratory with complete practical record and observation note book.
5. All cadets advised to be regular during practicals.
6. All work be done in the presence of supervisor/instructor.
7. No student will be permitted in the Laboratory without Lab-coat (XI & XII)



## **RULES OF SCHOOL LIBRARY**

1. Maintain silence in the school library.
2. Any book lost/torn must be informed to the Librarian immediately and the book lost by the borrower shall have to be replaced within 5 days time from the date of loss by the borrower.
3. Each borrower is supposed to examine the condition of the book when it is issued and has to ensure that the damage, if any, is mentioned in the loan register.
4. While returning the book, the borrower will ensure that the date of return is correctly entered and each entry is signed by the Librarian.
5. A borrower from whom fine or some other recovery is long over-due will be debarred from borrowing books from the school library.
6. Stealing of books/magazines from the school library is a serious offence. If a student is caught stealing books/magazines from the library, he/she will have to pay double the cost of the book.

# TIME TABLE

TIME TABLE										
Days/Period	PERIOD									
	I	II	III	IV		V	VI	VII	I PREP	II PREP
Monday										
Tuesday					B					
Wednesday					R					
Thursday					E					
Friday					A					
Saturday					K					

Words, like fine flowers, have their colour too.

# **RECORD OF MARKS OBTAINED**

SUBJECT	PRE-MID TERM	MID TERM	POST MID TERM	ANNUAL EXAM
Hindi				
English				
Science				
SSc.				
Maths				
Punjabi				
Physics				
Chemistry				
Bio				
Computer				

To maintain a fault known is a double fault.



## **SHRAMDAAN**

<b>S.No.</b>	<b>Class/ Section</b>	<b>Area to be looked after</b>
1.	VIA	Area around auditorium upto School Boundary Wall
2.	VIB	Area around Chemistry lab upto main road
3.	VIIA	Area around Aeroplane upto main gate
4.	VII B	Area around School-Hospital and Sahodhya Garden
5.	VIIIA	Area adjacent to Generator set and road from hostel to palace
6.	VIII B	Ground infront of Gym upto Hockey ground and GTO
7.	VIII C	Area inside Gym & Swimming pool with Gazibo & new tubewell
8.	IXA	Area behind Lajpat House to Ranjit-Nalwa House Entrance Gate
9.	IXB	Area behind Mess upto Patel including road from Holding House Gate including to Dhobhi Ghat
10.	IXC	First 02 football ground with obstacles
11.	XA	01 Football Ground obstacles and Gazibo
12.	XB	Old swimming pool (Maharaja's Swimming Pool)
13.	XC	Island Structure behind Bal Niketan
14.	XIA	Area of Smriti Sthal & Fountains next to SS upto Bal Niketan
15.	XIB	Area Near Tennis & Squash Courts including Gazibo

## PT/PARADE SCHEDULE FOR SESSION 2022-23

The schedule for the morning session w.e.f. 07 Apr 19 is as follows :-

Day		Drill	NDA Classes	PT	Cross Country	Timings	Duty
Monday		XI & XII	-	VI to X	-	0600-0640	T/O RS Rana & AK Srivastva PI Staff & PI Staff
Tuesday		-	XII		-	-do-	
Wednesday		IX	XII	VI to VII & X	-	-do-	HP Shukla PI Staff
Thursday		VIII, IX, XI, XII	XII	VI, VII & X	-	-do-	All ANDS & PI Staff
Friday		VIII	XII	VI, VII, IX, X & XI		-do-	Mr Rajpal Singh & PI Staff
Saturday	Ist-Sat	-	XII	IX, X & XI	VII, VIII	-do-	All House Masters, Hostel Supdt & PTI Staff
	IIInd-Sat	-	XII	VII, VIII & XI	IX, X	-do-	All House Masters, Hostel Supdt & PTI Staff
	IIIrd-Sat	-	-	VII, VIII, IX & X	XI, XII	-do-	All House Masters, Hostel Supdt & PTI Staff
	IVth-Sat	- Shramdan All Houses (0600-7000hrs)					All House Masters & All Hostel Supdt



## HOUSE APPOINTMENT - STAFF

Houses	LL/Mobile	House Master	Tutor	House Supdt/ Ward Boy
TILAK	01822-238710	Mr. M S Bajwa	Mr. AK Srivastava Mr. Nelson Dass	Mr. Puran Singh
BHAGAT	01822-238712	Mr. Kumar Gaurav Gupta	Mr. Yadwinder Singh NET	Mr. Puran Singh
PATEL	01822-238711	Mr. Raj Kumar	Mr. Munish Sharma NMT	Mr. Devender Singh
AZAD	01822-238714	Mr. M L Chandel	Mr. Shiv Kumar Mr. Istinderjeet Singh	Mr. Dev Kumar
SAROJINI	01822-238715	Mr. Divyendu Misra	Mr. Mriginder Singh Mr. Sukanta Debnath	Mr. Devender Singh
CHITT	01822-238718	Mr. Kuldeep Kumar	Mr. Daljit Singh NGT	Mrs. Bhadra
TAGORE	01822-238716	Mr. A P Pandey	Mr. Kamaljit Singh	Mr. Dev Kumar
MOTILAL	01822-238817	Mr. G C Jena	Mr. Rajneesh Kumar	Mr. Dev Kumar
LAJPAT	01822-238819	Mr. Rajpal Singh	Mr. JKP Singh	Mrs. Bhadra
SUBHASH (Girls)	01822-238820	Mrs. HK Bajwa	Mrs. Satinderjit Kaur	Mrs. Bhadra
NALWA	01822-238821	Mr. RS Rana	Mr. H P Shukla	Mr. Daljit Singh
RANJIT	01822-238822	Mr. Ranjeev Bhardwaj	Mrs. Narinder Kaur	Mr. Daljit Singh



## **MESS ETIQUETTE**

The mess is our home. We have to maintain a certain amount of decency and decorum in the mess. This is an institution we should take pride in and observe the laid down rules/regulations to maintain and keep up its dignity. Some tips on Mess Etiquette have been listed below:

### **Dos and Don'ts**

- (a) Observe punctuality.
- (b) Follow the dress regulations strictly
- (c) While seated, sit errect without leaning lazily on the back of the chair.
- (d) Mess is the place where you can talk. Therefore, talk freely but in a soft and subdued voice with your immediate neighbour on the Dining Table.
- (e) When you take or leave your seat you must seek permission from your neighbour by saying "Excuse me".
- (f) After the meal is over, replace your chair gently.
- (g) Complaints, if any, should be lodge with Duty Master or Mess Manager who in turn must put up to the Adm Officer.
- (h) After the meals, leave the dining hall gracefully.

## **DRESS CODE FOR CADETS**

Details of Dress	Day/Time
Blue shorts, White vest, House Colour T-shirt, White PT/Sport Shoes White Socks, (Games Time) White Handkerchief for Sikh Boys	PT/Games
<b>School Uniform :</b> a) Khaki Shirt, Khaki Shorts/Trouser, School Belt, Formation Sign, Name Tab, Black OP Shoes, Black Socks, Maroon Turban, Cap with School Badge, Khaki Jersey (During Winter)	Mon, Tue, Thu, Fri
<b>During Summer/Winter</b> b) Sky Blue Shirt, Dark Grey Trousers, Black Belt, Black Shoes, Black Socks, Maroon Blazer with School Tie (during Winter), Maroon Turban/Patka	Wed, Sat
c) Sky Blue Shirt, Black Trousers, Black Shoes, Black Socks, Black Belt, Maroon Blazer with School Tie (during Winter), Maroon Turban/Patka	Evening Prep & Dinner Time
d) Night Suit (White/Sky Blue Colour) Slippers	Night Prep Time in Houses

## **PT TEST-STANDARDS**

### **Class VI, VII, VIII**

S.No.	Event	Excellent	Good	Satisfactory
1.	2.4km	15min	16min	17min
2.	5 mtr. Shuttle Run	11nos	10nos	9nos
3.	Sit-Up	25nos	20nos	15nos
4.	Push-ups	16nos	14nos	10nos
5.	60 M Run sprint	12sec	14sec	16sec

### **Class IX & X**

S.No.	Event	Excellent	Good	Satisfactory
1.	2.4km	12min	13min	15min
2.	5 mtr. Shuttle Run	13nos	12nos	11nos
3.	Sit-Up	25nos	20nos	15nos
4.	Push-ups	16nos	14nos	10nos
5.	60 M Run sprint	10sec	12sec	14sec

### **Class XI & XII**

S.No.	Event	Excellent	Good	Satisfactory
1.	2.4km	12min	13min	15min
2.	5 mtr. Shuttle Run	15nos	13nos	11nos
3.	Sit-Up	30nos	25nos	20nos
4.	Push-ups	30nos	25nos	20nos
5.	Chin-ups	7nos	5nos	3nos
6.	60 M Run sprint	9sec	11sec	13sec

## **ROPE CLIMBING STANDARDS**

VI, VII, VIII, IX, X, XI, XII with aid of legs

## **SWIMMING STANDARDS**

Class	Distance
Class VI to X	25 mts
XI & XII	50 mts

A well begun is half done.



# SYLLABUS

	English	Hindi	Maths	Science	Social Sci.	Punjabi
PT-I (30%)						
PT-II (50%)						
PT-III (80%)						
Annual Exam 100%						

The Goal is to leave this world with memories, not dreams.

## OUT PASS RECORD

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

(a) Day & Date \_\_\_\_\_

(b) Time \_\_\_\_\_

to \_\_\_\_\_

## LEAVE RECORD

(a) From \_\_\_\_\_ to \_\_\_\_\_

(b) Reason of Leave \_\_\_\_\_

(c) Place \_\_\_\_\_

(a) From \_\_\_\_\_ to \_\_\_\_\_

(b) Reason of Leave \_\_\_\_\_

(c) Place \_\_\_\_\_

(a) From \_\_\_\_\_ to \_\_\_\_\_

(b) Reason of Leave \_\_\_\_\_

(c) Place \_\_\_\_\_

## **HONOUR**

1. Honour is that attribute of a person, which impels him to be steadfast in his allegiance to what is right, and what is conventionally accepted as correct in personal and public life.
2. In your days here as cadet, it means disciplined conduct, sincerity in your work, moral courage, integrity of the highest order.

## **THE HONOUR CODE**

The following commandments constitute the Honour Code.

1. You shall not lie, steal or cheat or tolerate those who do it.
2. You shall not do anything selfish or mean, including letting down a colleague for self-interest.
3. You shall not by any action or omission, bring the name of the school into disrepute.
4. You shall accept your responsibility voluntarily.
5. You shall always be courteous to your teachers.
6. You shall respect senior cadets and treat younger cadets with consideration.
7. You shall always uphold the honour of the School.
8. You shall keep yourself as well as your surroundings clean.



# **DUTIES & RESPONSIBILITIES OF SCHOOL, APPOINTMENTS**

## **I. SCHOOL CAPTAIN**

A School Captain is responsible to the Senior Master for the following :-

1. To be a role model and lead by example in punctuality, turnout, respect to elders, manners, public speaking, impartiality and other aspects of discipline and courage.
2. To ensure that all the School Appointments perform their duties properly and ensure that their conduct and behaviour is exemplary.
3. To pass orders to House Captains and other appointments which he receives from School Administration, especially Principal, VP, AO and Senior Master. To pass instructions of the Officers, to the school, during Roll Calls.
4. To ensure that the cadets are correctly dressed and punctual at Mess, for Classes, Assembly, Games Roll Call etc.
5. To assist the Senior Master and the staff during functions and VIP visits.
6. To ensure that the activities of the School progress smoothly even when there is no staff to supervise. To ensure arrangements for the School Assembly, Flag Hoisting, CCA, Cultural, Sports Functions etc are made. To ensure that the cadets are responsible for various activities including cadet officials are detailed in advance.
7. To ensure that in the School, no activity occurs which is detrimental to the interest of the School. In the event of any violation of the school rules or any disturbance, the School Captain is to control the situation with the help of other School Appointments and also report to the Duty Master/Senior Master immediately.
8. To ensure that no cadet leaves the School Campus without proper authority.
9. To ensure that cadets pay proper compliments to the staff and ladies and wish them whenever they meet/pass by.
10. To ensure that the School Flag is hoisted and lowered in time.
11. To impress on the cadets the need for self-discipline.
12. To be present at the forefront of all school events.



13. To instil discipline among cadets with the help of School Adjutant and other School and House Appointments.
14. To carry out the responsibilities of the School Adjutant during the latter's absence.
15. To handover Parade State in time to the Duty Master at all Roll Calls and Assemblies
16. To say School Prayer during assembly and grace during meal.
17. To project the problems of the cadets, including those related to health and homesickness, fitness, academics, administration, discipline etc.
18. To meet the Officers at 1345 hrs everyday after Classes and apprise them of the problems and activities as well as to take down instructions for the rest of the day and the next day.
19. To inform the Duty Master and Officers of any unusual happenings or event like homesickness, depression, rebelliousness, continued sickness, etc; any incident of indiscipline like a fight, quarrel, ragging, mutiny, theft, forgery, lateplaces, consuming alcohol, smoking, using electric gadgets, malpractice in exams, disobedience of orders etc even if it involves own classmates.
20. To undertake tree plantation and tending to saplings with the help of the House Captains.
21. Counselling defaulting cadets to follow rules and regulations; in the case of repeated offenders report to the Vice Principal/Adm. Officer/Senior Master for further constructive action.
22. To handle problems which are within one's capacity and attempt to find the solutions with the help of the Staff and Management. School Captain is responsible for the welfare and training of all the juniors.
23. The keep the campus green and clean with the help Juniors.
24. To guide the junior appointments in carrying out their responsibilities.
25. To lead the School Parade on ceremonial occasions.
26. To guide/direct visitors with in the School.
27. To motivate young visitors to join the School and NDA.
28. Any other duty assigned by school authorities.

## II. SCHOOL ADJUTANT

A School Adjutant is responsible to the Senior Master for the following:-

1. To be a role model and lead by example in punctuality, turnout, respect to elders, manners, public speaking, impartiality and other aspects of discipline and courage.
2. To promote self-discipline amongst cadets.
3. To be present at the forefront of all school events.
4. To ensure that the cadets wake up in time and also go to bed by Lights-Out time.
5. To ensure that the cadets report everywhere in time.
6. To ensure that the cadets are properly dressed according to the uniform of the day.
7. To ensure that the cadets march properly in squads on the road.
8. To ensure that cadets follow Mess Etiquette and Table Manners.
9. To ensure that cadets bathe themselves and wash their under garments everyday.
10. To ensure that the cadets pay compliments and respect to all the elders at the School.
11. To ensures that the cadets don't indulge in acts of vandalism or destruction of public or private property.
12. To ensure that the cadets don't indulge in ragging of any sort, especially physical manhandling and use of abuse language.
13. To carry out the duties and responsibilities of the School Captain in the latter's absence.
14. To listen to the problems of the cadets and attempt to solve them with the help of the Staff and Management.
15. To meet the Officers at 1345 hrs everyday after classes and apprise them of the problems and activities as well as to take down instructions for the rest of the day and the next day.



16. To take rounds of the Hostels, Study Rooms (on Sunday during Prep) Classrooms, Band Room and Games Field to see if everyone is following the schedule of activities at that moment and the cadets are present where they are required to be.
17. With the help of the House Captains, ensure cadets maintain silence during an event.
18. To inform the Duty Master and Officers of any unusual happenings like homesickness, depression, rebelliousness, continued sickness, etc; any incident of indiscipline like a flight, quarrel, ragging, mutiny, theft, forgery, late-coming, absenteeism, skipping meals, malingering, littering, visiting out of bounds places, consuming alcohol, smoking, using electronic gadgets, malpractice in exams, disobedience of orders etc even if it involves own classmates.
19. To ensure that the School flag is hoisted and lowered in time.
20. To ensure that the junior appointments in carry out their responsibilities.
21. To ensure the School Bank performs its tasks including beating of drum during marching to School and back, prompting and is punctual for all events.
22. Any other duty assigned by School authorities.

### **III. SPORTS CAPTAIN, NCC CAPTAIN, ACADEMIC CAPTAIN**

1. To demonstrate a high level of leadership as well as motivational and sporting ability.
2. To assist the PT Instructors/NCC Officers/School Staff in Sports/NCC activities/literary events.
3. They will assist School Captain and School Adjutant in various events and wherever required.

### **IV. HOUSE APPOINTMENTS**

The House appointments are responsible for the House Master for the following :

1. To encourage the house-mates in various sports, co-curricular activities and general upkeep of the House.
2. They will assist the school appointments in maintaining silence in the houses as well as various activities.





## **Officer Like Qualities**

- ❖ Effective Intelligence
- ❖ Organising Ability
- ❖ Social Adaptability
- ❖ Sense of Responsibility
- ❖ Self Confidence
- ❖ Ability to Influence the Group
- ❖ Determination
- ❖ Stamina
- ❖ Reasoning Ability
- ❖ Power of Expression
- ❖ Co-operation
- ❖ Initiative
- ❖ Speed of Decision
- ❖ Liveliness
- ❖ Courage

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